

Laboratory Support Services Department of Pathology and Laboratory Medicine

# **Sputum Collection Guidelines**

## **Collection Materials:**

- Specimen Container
- Patient ID Label
- Specimen Biohazard Bag

## **Collection Directions:**

- 1. Your physician has requested a test, which requires a sputum collection.
- 2. Specimen should be produced from a deep productive cough. Specimen should appear thick and mucoid. 3-5ml is preferred specimen volume. Note: Saliva or spit will be rejected, sample will be thin and watery.
- 3. Fill out the provided label with Full First and Last Name, and Date of Birth. Place the label on the specimen.
- 4. Store specimen in the refrigerator.
- 5. Bring the specimen to a Genesis Laboratory location within 24 hours of collection.
- 6. Complete a Patient Registration at the front desk, and then drop off the specimen at the Laboratory.
- 7. If you are unable to collect sputum during the 24-hour period, please notify your physician and the Laboratory.

## Special Requirements for Acid Fast Bacteria (AFB) Sputum Collection:

- First morning specimen is preferred.
- Three (3) separate specimens collected on three (3) separate days is recommended.
- Specimen should be delivered to the lab on the day of collection, ideally within 30 minutes of collection. If this is not possible, the specimen should be refrigerated and delivered to the lab within 24 hours of collection.

### **Specimen Drop-off Locations:**

Genesis Laboratory Locations	
<ul> <li>Genesis HealthPlex Draw Center</li> <li>2800 Maple Ave, Zanesville Ohio 43701</li> <li>Phone: 740-454-4039</li> <li>Monday through Friday 6:00am-5:30pm</li> </ul>	<ul> <li>Genesis HealthCare Center New Concord</li> <li>1 East Main St, New Concord, Ohio 43762</li> <li>Phone: 740-826-7155</li> <li>Monday through Thursday 8:00am-4:30pm</li> </ul>
<ul> <li>Genesis Pavilion Draw Center</li> <li>955 Bethesda Dr, Zanesville, Ohio 43701</li> <li>Phone: 740-454-4078</li> <li>Monday through Friday 6:00am-5:30pm</li> <li>Saturday 7:00am-1:00pm</li> </ul>	<ul> <li>Genesis Perry County Medical Center/ Somerset Draw Center</li> <li>301 Dr Mike Clouse Dr, Somerset, Ohio 43783</li> <li>Phone: 740-743-3800</li> <li>Monday through Friday 6:30am-3:00pm</li> </ul>
<ul> <li>Genesis HealthCare Center Cambridge</li> <li>61353 Southgate Parkway, Cambridge, Ohio 43725</li> <li>Phone: 740-432-1034</li> <li>Monday through Friday 7:30am-5:00pm</li> </ul>	<ul> <li>Genesis Coshocton Medical Center</li> <li>48439 Genesis Dr, Coshocton, Ohio 43812</li> <li>Phone: 740-722-9560</li> <li>Monday through Friday 7:00am-3:30pm</li> </ul>

For Questions, please call the Genesis Hospital Laboratory at 740-454-4606.